

WLV Kaderlimits (männlich)

Alter	18 (U20)	17 (U18)	16 (U18)	15 (U16)	14 (U16)
60m	7,18sec	7,32sec	7,47sec	7,62sec	7,77sec
100m	11,08sec	11,30sec	11,53sec	11,76sec	11,99sec
200m	22,47sec	22,92sec	23,38sec	23,85sec	24,33sec
300m			37,50sec	38,90sec	40,50sec
400m	49,94sec	50,94sec	51,96sec		
800m	2:00,00min	2:03,00min	2:06,00min	2:09,00min	
1000m			2:45,00min	2:50,00min	3:00,00min
1500m	4:10,00min	4:15,00min	4:20,00min	4:27,00min	4:35,00min
3000m	9:05,00min	9:20,00min	9:40,00min	10:00,00min	10:25,00min
5000m/5k	17:00,00min	17:15,00min	17:30,00min	17:45,00min	18:15,00min
10000m/10k	34:45,00min	35:15,00min			
Halbmarathon	1:15:00h				
60m Hü	8,43sec	8,60sec	8,77sec	8,94sec	
100m Hü				14,95sec	15,45sec
110m Hü	14,77sec	15,07sec	15,37sec		
300m Hü				44,60sec	45,95sec
400m Hü	55,77sec	56,88sec	58,02sec		
2000m Hi	6:35,00min	6:45,00min	6:55,00min	7:10,00min	
3000m Hi	10:05,00min				
Hoch	1,85m	1,80m	1,75m	1,70m	1,65m
Stabhoch	3,85m	3,45m	3,15m	2,85m	2,45m
Weit	6,45m	6,25m	6,05m	5,85m	5,55m
Drei	13,10m	12,65m	12,15m	11,75m	
Kugel	14,95m	14,45m	14,75m	13,55m	12,95m
Diskus	45,45m	42,95m	43,95	40,45m	38,55m
Hammer	50,55m	46,55m	50,55m	45,45m	40,55m
Speer	52,50m	49,55m	47,55m	43,55m	40,55m
7-Kampf (i)			4000 P.	3800 P.	3500 P.
10-Kampf	5800 P.	5500 P.			
10000m BG	50:00,00min	53:00,00min			
10k Geh					
5000m BG		26:00,00min	26:30,00min		
5k Geh					
3000m BG			15:45,00min	16:15,00min	17:00,00min
3k Geh					



WLV Kaderlimits (weiblich)

Alter	18 (U20)	17 (U18)	16 (U18)	15 (U16)	14 (U16)
60m	7,91sec	8,07sec	8,23sec	8,39sec	8,56sec
100m	12,28sec	12,52sec	12,77sec	13,03sec	13,29sec
200m	25,28sec	25,79sec	26,30sec	26,83sec	27,37sec
300m				43,10sec	44,10sec
400m	57,74sec	58,90sec	60,07sec		
800m	2:18,00min	2:21,00min	2:24,00min	2:27,00min	
1000m			3:05,00min	3:10,00min	3:15,00min
1500m	4:45,00min	4:50,00min	4:56,00min	5:05,00min	5:18,00min
3000m	10:20,00min	10:40,00min	11:00,00min	11:20,00min	11:30,00min
5000m/5k	18:50,00min	19:10,00min	19:25,00min	19:30,00min	19:40,00min
10000m/10k	39:30,00min	40:00,00min			
Halbmarathon	1:30:00h				
60m Hü	8,90sec	9,07sec	9,25sec	9,44sec	
80m Hü			12,30sec	12,50sec	12,80sec
100m Hü	14,51sec	14,80sec	15,10sec		
300m Hü			48,00sec	49,50sec	50,50sec
400m Hü	63,26sec	64,52sec	65,81sec		
2000m Hi	7:40,00min	7:56,00min	8:15,00min	8:30,00min	
3000m Hi	11:50,00min				
Hoch	1,65m	1,60m	1,55m	1,50m	1,45m
Stabhoch	3,25m	2,95m	2,65m	2,35m	1,95m
Weit	5,45m	5,35m	5,15m	4,95m	4,85m
Drei	11,20m	10,90m	10,60m	10,20m	
Kugel	13,40m	12,70m	11,70m	10,50m	9,70m
Diskus	36,50m	34,50m	34,50m	32,50m	27,50m
Hammer	46,50m	43,50m	39,50m	34,50m	30,50m
Speer	39,50m	36,50m	34,50m	32,50m	27,50m
5-Kampf (i)	2900 P.	2800 P.			
7-Kampf	4300 P.	4000 P.	3800 P.	3500 P.	3200 P.
10000m BG	54:30,00min				
10k Geh					
5000m BG	26:45,00min	27:15,00min			
5k Geh					
3000m BG		16:00,00min	16:45,00min	17:30,00min	18:15,00min
3k Geh					